

CAPE ANN MASSACHUSETTS *Celebrating 87 Years of Service...* **SOUNDINGS**  
 The Newsletter of the Cape Ann Chamber of Commerce  
[www.CapeAnnVacations.com](http://www.CapeAnnVacations.com) [www.CapeAnnChamber.com](http://www.CapeAnnChamber.com) [www.RockportUSA.com](http://www.RockportUSA.com)

33 Commercial Street • Gloucester, MA 01930 • Tel. 978-283-1601 • Fax 978-283-4740 • info@capeannchamber.com

# THE HOLIDAYS ON CAPE ANN



Preparations for the holidays have kicked into full gear, and the Chamber salutes the efforts of dozens of volunteers as they prepare to celebrate in all four communities, providing support for treelightings, organizing Santa parades and processions, and generally being involved in a host of programs that enhance our communities' enjoyment of the season.

The Chamber will bring the membership together at holiday parties in all four communities with the **Half-Price Sale at The Fish Shack in Rockport** on December 1, the **Lucky 9 Raffle at The Landing @ Seven Central** in Manchester on December 2, the **Essex Clamfest Awards Party at Periwinkles** on December 10, and the **Holiday Reception** on December 14 at the Chamber office in Gloucester.

**Think Inside The Box**

**Support Your Local Merchants**  
 A SEASONAL REMINDER FROM THE  
**CAPE ANN CHAMBER OF COMMERCE**

FOR A COMPLETE LIST OF HOLIDAY ACTIVITIES, GO TO  
**WWW.CAPEANNVACATIONS.COM/CHRISTMAS**

- December 3** **LADIES' NIGHT, GLOUCESTER**  
 A special evening for women shoppers, including refreshments and drawings for gift certificates in many stores.
- December 3-5** **ESSEX HOLIDAY FESTIVAL**  
 Three days of holiday fun: Thursday: Memory Tree Lighting (6:30 p.m.); Friday: Toy Land Parade (5:30 p.m.), a Tree Lighting at Town Hall (6 p.m.); and Saturday: Breakfast with Santa (8:30 a.m. - 11 a.m.)
- December 5** **SANTA'S ARRIVAL BY BOAT & TREE LIGHTING, ROCKPORT**  
 Santa arrives by boat at Tuna Wharf, 3:45 p.m., followed by tree lighting ceremony in Dock Square, 4 p.m.
- December 5-6** **CHRISTMAS BY THE SEA, MANCHESTER**  
 Open House in stores, hayrides, caroling, pancake breakfast. Saturday 9 a.m. to 5 p.m.; Sunday 12 noon to 5 p.m. Santa arrives by boat on Saturday at 1 p.m., followed by the Jingle Bell Walk. Friendship tree lighting on Sunday at 3:30 p.m.
- December 10** **MEN'S NIGHT, GLOUCESTER**  
 A shopping evening designed with a man's shopping needs in mind.
- December 12** **MIDDLE STREET WALK, GLOUCESTER**  
 Middle Street and Pleasant Street, 1 p.m. - 4 p.m.
- December 12-13** **SEASIDE VILLAGE OPEN HOUSE, ROCKPORT**  
 Both days: Annual Gallery Stroll and Open Houses in the shops. Sunday: Open Houses in the Inns
- December 19** **63rd ANNUAL CHRISTMAS PAGEANT, ROCKPORT**  
 A candlelight procession recreating the Nativity. 5 p.m.
- December 31** **NEW YEAR'S ROCKPORT EVE**

# MEMBERSHIP DRIVE 2009



*Volunteers called businesses throughout the Cape Ann and North Shore regions, inviting them to join the Chamber.*

Membership Drive chairs, Bob Gillis and Steve Kaity have announced that 78 new members were recruited for 2010 during the two-day campaign in November. Forty member volunteers worked with Pat Hoey, a professional recruiting consultant, to offer great premiums provided by other members.

Many thanks to **Azores Express** and the **Las Vegas Hilton** for donating a 6-night trip to the Azores, including airfare, and two 4-night stays in Las Vegas, respectively, as the Grand Prize, second and third prizes to be awarded to the top sellers in the telethon at the Chamber's Breakfast Club on December 4.

A **New Member Reception** will be held on Wednesday, December 16, at 5 p.m., at the Chamber office in Gloucester.

*(story continued on page 3)*

## Welcome to the following 78 new members of the Chamber:

### **Gloucester Businesses:**

All Seasons Septic System Services  
 Associated Advocacy Center  
 Boston Environment, Inc.  
 Cape Ann Art Haven  
 Cape Energy Solutions  
 Century 21 North Shore By the Sea  
 Custom Computer Works  
 Dan Leaman Landscaping  
 Dr. David Harrison  
 Dr. Jeffrey H. Ahlin  
 Dreamtime Wellness  
 Eastern Avenue Self Storage  
 Fintan Madden / RE/MAX Advantage Real Estate  
 George Kauss / Coldwell Banker Residential Brokerage  
 Grove Street Auto & Welding  
 Haiti Projects  
 Holly C & Co. Fine Homes  
 Kim Lorden / J. Barrett & Company, LLC  
 Lanesville Preschool  
 Larosa's Pizzeria  
 Leonardo's Pizzeria, Inc.  
 Lillian LoGrasso / RE/MAX Advantage Real Estate  
 Lori Bouchie / RE/MAX Advantage Real Estate  
 MAC Fitness  
 Market Basket  
 Michele Allison-Elwell / RE/MAX Advantage Real Estate  
 Nancy Sclafani / RE/MAX Advantage Real Estate  
 Nicaastro's Driving School  
 O'Neil Fitness & Personal Training  
 Pike-Grondin Funeral Service  
 Quince Electric  
 R. Kirk Noyes  
 Robin Hubbard / Coldwell Banker Residential Brokerage  
 Roma Pizza & Subs  
 Russ Guglielmino / RE/MAX Advantage Real Estate  
 Sargent Plumbing & Heating  
 Scott Smith / Coldwell Banker Residential Brokerage  
 Seaside Glass & Mirror  
 Second Glance Resale Shop  
 Shoreline Construction  
 Signature Carpet Cleaning  
 Spencer Family Chiropractic, PC  
 Streamline Strength

### **Gloucester Businesses (continued):**

The Dagle Team / RE/MAX Advantage Real Estate  
 Tom's Auto Center, Inc.  
 Tree Girl Landscaping & Gardening  
 Trinity Congregational Church  
 Vadala Real Estate

### **Rockport Businesses:**

April Hiscock / Beaton Real Estate  
 Coyne Fine Art  
 Jerry Enos Painting Company, Inc.  
 Keith Alves Carpenter Builder  
 Mary B. Francis / Beaton Real Estate  
 Olson Real Estate

### **Essex Businesses:**

Essex Bird Shop & Pet Supply  
 Essex Wine & Spirits  
 Linda Scott, LMT, RP  
 Red Barrel Pub

### **Manchester-by-the-Sea Businesses:**

Andrea Bray / Coldwell Banker Residential Brokerage  
 Central Street Gallery  
 Compass Business Services  
 Essen / Oligre Holdings  
 Forever Young Skin Care  
 Four Seasons Cleaners  
 Manchester Crossing Bar & Grill  
 Mary Kane Photography  
 N. Larson Jewelry Designs  
 New Wave Yachts  
 Tracy Gothie / Coldwell Banker Residential Brokerage  
 Utopia Farms

### **Off-Cape Ann Businesses:**

Fine Residential Painting  
 New York Life Insurance Co.  
 TCG Computer  
 Prospect Mortgage, LLC  
 Sam Park & Company, LLC  
 The Dahl Group  
 Sun 'n Air Driving Range

# THANK YOU

The Chamber would like to thank the following individuals and businesses for supporting the Membership Drive.

## Telethon Volunteers:

Peter Anderson, Rockport National Bank  
 Donna Ardizzoni, Circle Consulting Group  
 Bill Balzarini, Beaton Real Estate  
 Amy Beaton Ruitter, Beaton Real Estate  
 Ellen Boisvent, Scott Oil  
 Greg Bover, C.B. Fisk, Inc.  
 Lin Chandler, 222 Arts & Wellness Center  
 Patti Cohen, Coldwell Banker Residential Brokerage  
 Ed Collard, House Doctors Handyman Services  
 Heather Dagle, RE/MAX Advantage Real Estate  
 Art Eckman, Investors Capital Corporation  
 Patricia H. Fenton, RE/MAX Advantage Real Estate  
 Meredith Fine, The Law Office of Meredith A. Fine, Esq.  
 Brian Fleming, Manchester Athletic Club  
 Charlie Foster, Foster from Gloucester  
 Bob Gillis, Cape Ann Savings Bank  
 Geoffrey Goddard, Service Point USA  
 Tracy Gothie, Coldwell Banker Residential Brokerage  
 Mark Grenier, BankGloucester  
 Mark Harmon, TCG Computer  
 Donna Hastings, Colonial Life  
 Nancy Hemingway-Ryder, Ryder Ecological Assessments  
 Eileen Hines  
 Steve Kaity, Strong Group, Inc.  
 Tina Ketchopoulos, Northeast Health System, Inc.  
 Tony Loiacano, Eastern Copy Fax  
 Sue Lufkin, Essex Marina  
 Mike Luster, Rockport National Bank

## Telethon Volunteers (continued):

Dave Marsh, Retired  
 Tracy O'Neil, O'Neil Fitness & Personal Training  
 Greg Sacca, American Alarm & Communications, Inc.  
 Diane Seely  
 Carole Lynn Sharoff, Atlantic Vacation Homes (AVH)  
 Chris Shea, The Landing at Seven Central  
 Kim Spaner, TDBank  
 Don Sudbay, Jr., Sudbay Motors  
 Dave Sudbay, Sudbay Motors  
 Todd Tanger, North Shore 104.9  
 John Vigliotti, Chamber Insurance Services  
 Joan Wogan, Coldwell Banker Residential Brokerage

## Donations of Breakfast, Lunch, and Snacks

Cape Ann Coffees  
 Click Marketing Tools  
 Den-Mar Rehabilitation & Nursing Center  
 Hula Moon Cafe  
 Sandy's Bay Bakery  
 Shaw's Supermarkets  
 Tucker's Farm Family Diner

## Prizes Donated by:

Azores Express	Latitude 43
Las Vegas Hilton	Lobster Pool
222 Arts & Wellness Center	MAC Fitness
A Cape Ann Whale Watch	Manchester Athletic Club
Alchemy Cafe & Bistro	Passports
Bass Rocks Golf Club	Periwinkle's
Cape Ann Golf Club	Rockport Golf Club
Cape Ann YMCA	Ryan & Wood, Inc., Distilleries
Chapman's Greenhouse	Stone Leaf
Charlie Foster	Strong Group, Inc.
Gull Restaurant	Supreme Roast Beef
Indigo Bar & Grill	

Cape Ann Chamber of Commerce

## NEW MEMBER RECEPTION

Wednesday, December 16  
 5:00 p.m. - 6:00 p.m.  
 at the Chamber Office

As a new member of the Chamber, please take advantage of this opportunity to learn more about the organization. The informal program will last for about an hour.

Meet the officers, directors, and staff  
 Introduce yourself and your business  
 Explore the Chamber's multi-purpose headquarters  
 Learn more about Chamber programs  
 Network with other new members

### Information/Reservations:

978-283-1601 ♦ info@capeannchamber.com

# Focus on Education

Cape Ann Chamber Breakfast Club

The Business/Education Collaborative will welcome the principals from each of the three Cape Ann school districts and from North Shore Technical School to speak at this year's Focus on Education Breakfast on Friday, December 4, at 7:30 a.m. at the Gloucester House Restaurant, located at 63 Rogers Street in downtown Gloucester. This year's topic, "Development and Adaptations", will address innovative ways the schools are dealing with shortages and budget cuts within the school systems.

The Breakfast Club will also include the introduction of new Chamber members, special salutes, and the chance to mix with business colleagues and elected officials. The meal will be served promptly at 7:30 a.m. and the program will conclude by 9:00 a.m. Tickets are \$20 and may be reserved by contacting the Chamber.

## CAPE ANN WINTER BIRDING WEEKEND

Mark your calendars for the Cape Ann Winter Birding Weekend being held February 5, 6, & 7, 2010 at the Elks at Bass Rocks in Gloucester! Cape Ann is known to birdwatchers worldwide for its exciting concentrations of winter seabirds, and the Chamber, working with Mass Audubon, has planned a weekend filled with a variety of events for all levels of birders. Last year, 65 different species of birds were spotted over the course of the weekend! Expert guides will lead field trips to Cape Ann hot spots so all participants will see as many specimens as possible. The full schedule of events is posted on the Chamber website and includes— for hearty souls— a boat trip aboard the 7 Seas Privateer! The demonstration and exhibitor venue is open to the public and a guide will be on hand to introduce everyone to the sport of birding.

Be part of this exciting weekend! There are three sponsorship levels available for businesses, \$750 for Gold, \$500 for Silver, and \$250 for Bronze. All sponsors will receive recognition in the program, on the Chamber's website, a link to the Mass Audubon website and an exhibitor's space at the event. Exhibitors selling supplies of interest to the bird watching community are also welcome to be part of this weekend. The fee for exhibitor space is \$100. For more information on becoming a sponsor or exhibitor, go to [www.capeannchamber.com/birdingweekend](http://www.capeannchamber.com/birdingweekend) or contact Program Manager Judy Caulkett at 978-283-1601 or [judy@capeannchamber.com](mailto:judy@capeannchamber.com).



**Faces of our Volunteers.** The Chamber has been working diligently to recruit volunteers for our front desk in our Gloucester office. Currently we have six volunteers that come into the office on a regular basis to help with the day-to-day operations. Volunteers assist with answering and making telephone calls, answering questions and helping tourists, general office duties and special projects. We are extremely grateful for their help and continued volunteerism at the Chamber. If you are interested in volunteering, please contact Susan Lucas at [susan@capeannchamber.com](mailto:susan@capeannchamber.com). (In picture (left to right): Eileen Silva, Charlene Brown, Patty Colbert. Not pictured: Diane Parisi, Beverly Gardner, Marilyn Foster.)

The Cape Ann Chamber of Commerce  
Businesswomen Invite You to Attend Our

# Holiday Wine Down

**Emerson Inn By the Sea**  
One Cathedral Avenue, Rockport  
Monday, January 11  
5:00 p.m. - 7:00 p.m.

Beverages & Hors d'oeuvres

\$25 per person

RSVP  
978-283-1601 or [info@capeannchamber.com](mailto:info@capeannchamber.com)

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## 2010 LEGAL HOLIDAYS

Friday, January 1, 2010	New Year's Day
Monday, January 18, 2010	Martin Luther King Day
Monday, February 15, 2010	Presidents' Day
Monday, April 19, 2010	Patriots' Day
Monday, May 31, 2010	Memorial Day
Monday, July 5, 2010	Independence Day <sup>4</sup>
Monday, September 6, 2010	Labor Day
Monday, October 11, 2010	Columbus Day <sup>1</sup>
Thursday, November 11, 2010	Veterans' Day <sup>2</sup>
Thursday, November 25, 2010	Thanksgiving <sup>3</sup>
Saturday, December 25, 2010	Christmas <sup>3 4</sup>

Daylight Savings Time: Begins: March 14  
Ends: November 7

<sup>1</sup> All commerce restricted before 12 noon. Local police permit required to operate before 12:00 noon.

<sup>2</sup> All commerce restricted before 1 p.m. Local police permit required to operate before 1:00 p.m.

<sup>3</sup> All commerce restricted all day. Local police permit required to operate.

<sup>4</sup> All holidays falling on Sunday must be observed on Monday, under state law. Saturday holidays are observed on Saturday.

Enjoy these Cape Ann  
**Holiday Festivities**

<p><b>Gloucester Holiday Fun</b></p> <p><i>Nov. 28-29 ~ Holiday Pops Concert Nov. 29 ~ Santa Parade &amp; Tree Lighting Dec. 3 ~ Ladies' Night Dec. 10 ~ Men's Night Dec. 12 ~ Middle Street Walk</i></p>	<p><b>Christmas in Rockport</b></p> <p><i>Dec. 5 ~ Santa's Arrival &amp; Tree Lighting Dec. 12-13 ~ Seaside Village Open House Dec. 19 ~ 62nd Annual Christmas Pageant Dec. 31 ~ New Year's Rockport Eve</i></p>
<p><b>Essex Holiday Festival</b></p> <p><i>Dec. 3 ~ Memory Tree Lighting Dec. 4 ~ Toy Land Parade Dec. 5 ~ Breakfast with Santa</i></p>	<p><b>Christmas by the Sea</b></p> <p><i>In Manchester by the Sea Dec. 5 ~ Santa's Arrival, Jingle Bell Walk &amp; Pancake Breakfast Dec. 6 ~ Tree Lighting</i></p>

**SHOP CAPE ANN**  
*Distinctive Gifts and Personal Service  
in Your Neighborhood!*

**Cape Ann Chamber of Commerce**  
978-283-1601 [www.CapeAnnVacations.com](http://www.CapeAnnVacations.com) [www.RockportUSA.com](http://www.RockportUSA.com)

# Member to Member Savings Connection

List of member-to-member savings at: [CapeAnnChamber.com/m2m.pdf](http://CapeAnnChamber.com/m2m.pdf)



Sally & Mike Costello and Tony & Arlene Taliadoros were among the more than 150 bidders vying for over 160 lots valued at over \$65,000 at the Rockport Chamber Auction at Rockport Golf Club.

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## The Retirement Financial Center

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978-283-7757

[capeanninsurance.com](http://capeanninsurance.com)

## Last Minute The Perfect Gift

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*Available in any denomination from the Cape Ann Chamber of Commerce, Cape Ann Savings Bank in Manchester-By-the-Sea, First National Bank of Ipswich in Essex, and both Shaw's Supermarket Gloucester locations.*

**Cape Ann Chamber of Commerce**  
33 Commercial Street, Gloucester, MA 01930  
978-283-1601, [info@capeannchamber.com](mailto:info@capeannchamber.com)  
[www.CapeAnnVacations.com/Christmas](http://www.CapeAnnVacations.com/Christmas)

## Rockport NATIONAL BANK

*Cape Ann's most convenient bank!*

[www.rockportnational.com](http://www.rockportnational.com)

16 Main Street, Rockport, MA 01966      37 King Street, Rockport, MA 01966      4 Parker Street, Gloucester, MA 01930

**Serving the Cape Ann Community Since 1851**

Three Full-Service Locations | Drive-Up Teller Windows at All Locations | Three Drive-Up ATMs | Five Walk-Up ATMs



The Chamber's Annual Business Meeting at Rockport Inn & Suites was well-attended. Attendees were given an overview of the past year and a sneak preview of the year ahead.



Mark Wonson from Blue Gate Gardens puts the finishing touches on one of the homes in the "Homes for the Holidays" house tour.

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**sales@TheFreshLobsterCompany.com**

## Skill and Compassion

Nestled on the campus of Addison Gilbert Hospital, Seacoast Nursing and Rehabilitation Center is Cape Ann's premier choice for short-term rehabilitation, complex medical care and skilled nursing services. Since 1993, residents of Cape Ann and the North Shore have counted on the professionals at Seacoast Nursing and Rehabilitation Center to provide the very best care to their loved ones, neighbors and friends.

### The Seacoast difference includes:

- Longstanding, highly seasoned management and interdisciplinary team
- Specialized rehabilitation programs tailored to meet each individual's unique needs and goals of care
- Access to a wide range of healthcare professionals, including a dedicated respiratory therapist and dieticians
- State-of-the-art equipment and technology
- Compassionate care for the memory impaired, provided by experienced staff specially trained and certified by the Alzheimer's Association
- Award-winning culinary program



*"I want to tell you how grateful I am for the outstanding care provided to my wife. The attention to her needs was most compassionate and tender. To have a loved one receive care at Seacoast is to know that they are receiving the very best."*

- George Monbourquette,  
Ipswich



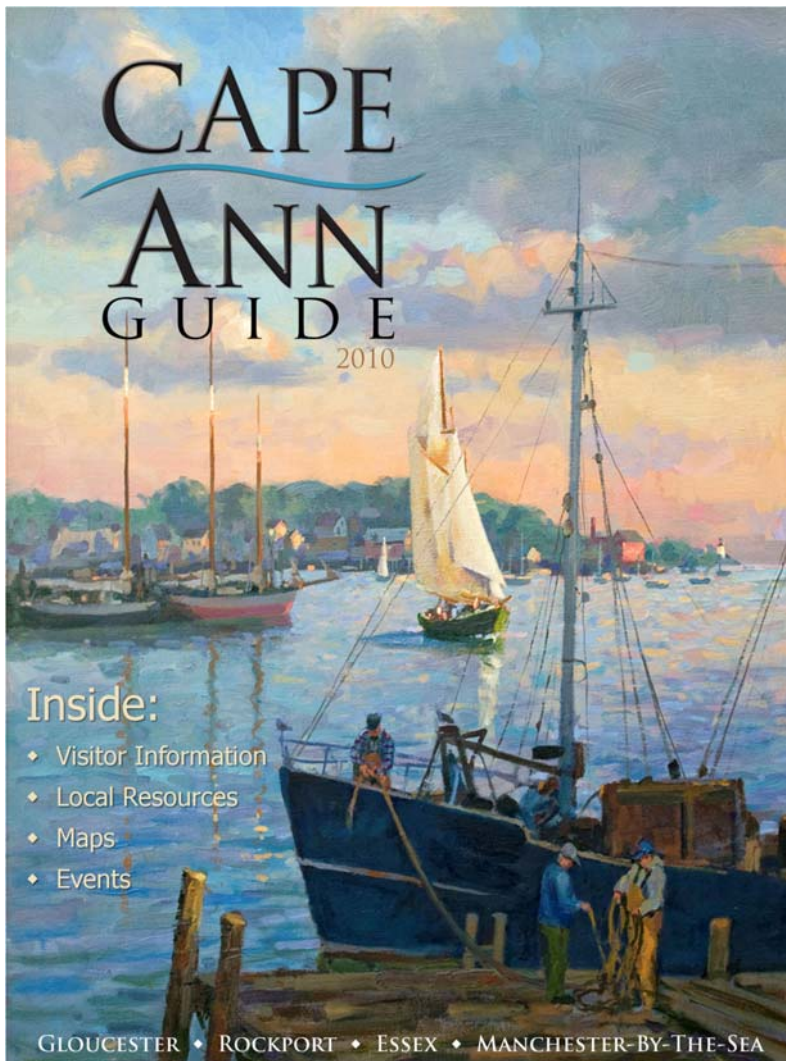
**Seacoast Nursing and Rehabilitation Center**  
292 Washington Street, Gloucester  
*Call us for more information or to arrange a tour of our facility.*  
**978-283-0300**  
[www.seacoastrehab.com](http://www.seacoastrehab.com)

## ENSURE YOUR BUSINESS THRIVES IN 2010 ADVERTISE IN THE NEW

# 2010 CAPE ANN GUIDE

The **NEW** annual resource and visitor guide for the Cape Ann region.

The premiere issue of the Chamber Guide will be published in April 2010.



The Cape Ann Guide will become an important reference document for local homeowners desiring local service, whether it is a restaurant, a retail store, or a contractor. In addition, the guide will serve as a primary collateral tourism publication to be used to promote Cape Ann as a premier New England vacation destination. Local hotels and B&Bs will be asked to display "Cape Ann Guide" in every room.

The Cape Ann Guide will serve as a **primary collateral tourism publication** to be used to promote Cape Ann as a premier New England vacation destination.

**Advertisers will get both the benefit of a full color print ad and as a bonus will receive an online ad**

**for FREE. The online version will drive web traffic to an advertiser's own website.** A digital version of the magazine will be prominently located on the homepage of the Chamber's highly visited websites: [CapeAnnVacations.com](http://CapeAnnVacations.com) and [RockportUSA.com](http://RockportUSA.com).

Four-color ads will be sold in the following sizes: full page, 1/2 page (island and horizontal), 1/3 page (vertical and square), 1/6 page (vertical) and 1/12 page (vertical). Non-members will be able to advertise but will pay a premium above the published rate.

## December 15th Deadline for Reserving Ad Space

**100,000 copies of the magazine** will be distributed to Cape Ann homeowners and will be made available to regional visitor centers and advertisers.

### For Information:



Gloucester businesses should contact  
Joan White  
jvrwhite@verizon.net  
978-884-4870



Rockport businesses should contact  
Peter Webber  
pwebber@rockportusa.com  
978-283-1601



Essex & Manchester businesses should contact  
Bob Hastings  
h@capeannchamber.com  
978-283-1601

# Chamber Calendar

*December, 2009*

- December 1     **Rockport Holiday Party & 1/2 Price Sale**, The Fish Shack, 5:30 p.m.
- December 2     **Manchester Holiday Party & Lucky 9 Raffle Drawing**, The Landing, 5:00 p.m.
- December 4     **Focus on Education Breakfast Club**, Gloucester House Restaurant, 7:30 a.m.
- December 10    **Holiday Reception & Clamfest Awards**, Periwinkle's Restaurant, 5:00 p.m.
- December 14    **Chamber Holiday Reception**, Chamber Conference Room, 4:00 p.m. - 6:00 p.m.
- December 16    **New Member Reception**, Chamber Conference Room, 5:00 p.m. - 6:00 p.m.

**Save the Date:**

- Date TBD       **Economic Forecast Breakfast Club**
- January 11      **Businesswomen's Winedown**
- January 20      **Evening Business Exchange at MAC Fitness (The Manchester Athletic Club, Gloucester)**
- January 23      **Activating Your Entrepreneurial Spirit Business Start-up Seminar**
- January 30      **Annual Dinner Dance & Installation of Officers**



January Evening Business Exchange  
**MAC FITNESS** ♦ 6 Whistlestop Way, Gloucester  
 Wednesday, January 20, 5:00 p.m. - 7:00 p.m.

Make new business contacts ♦ Exchange business cards  
 Socialize in a relaxed atmosphere ♦ Meet other Chamber members

Information & Reservations: 978-283-1601 ♦ info@capeannchamber.com



**A LITTLE LESS CONVERSATION**

**A LITTLE MORE ACTION**

**SAVE THE DATE**

Join us for a very Special Evening  
 Kicking Off the Chamber's 88<sup>th</sup>  
 Anniversary Year and Featuring:

**INSTALLATION OF  
 2010 PRESIDENT**  
*Kathy Low*


**RECOGNITION OF  
 2009 PRESIDENT**  
*Todd Tanger*

**INTRODUCTION OF 2010  
 BOARD OF DIRECTORS**

**WALKER CREEK BAND**  
*For Your Dancing Pleasure*

**SATURDAY, JANUARY 30, 2010**  
*Cruiseport Gloucester  
 Gloucester, Massachusetts*

**6:30 p.m. COCKTAIL RECEPTION**  
*Dinner • Program • Dancing*



The Cape Ann Chamber of Commerce  
 with the support of  
 Rockport National Bank  
 presents

**Activating Your  
 Entrepreneurial  
 Spirit . . .**

**A Business Seminar for New and  
 Prospective Small Business Owners**

This seminar will provide valuable information that will affect your business:

- ♦ Financing
- ♦ Accounting and Record Keeping
- ♦ Legal Considerations
- ♦ Business Insurance
- ♦ Elements of a Business Plan
- ♦ Lease Negotiations
- ♦ Marketing and Business Promotion

**When:** Saturday, January 23, 8:30 a.m. - 4:00 p.m.  
**Where:** Rockport Inn & Suites, 183 Main Street, Rockport  
**Fee:** \$60.00, which includes continental breakfast, lunch, and seminar materials

**For Reservations, call the  
 Cape Ann Chamber of Commerce  
 at 978-283-1601**

